

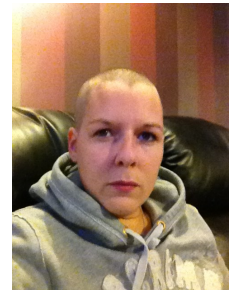
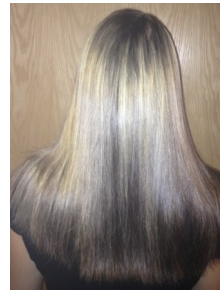
# CPP FRIENDS



We are setting up a group of Cerebral Palsy Plus friends to support our charity by giving us their time. This might be by:

- Manning a stall or representing our charity at events.
- Doing a sponsored run/walk/swim/hair shave etc.
- Making things like cards or cakes etc for us to sell.
- Helping out in the office.
- Being an extra pair of hands at our events.
- Offering informal Peer Support.
- Or if you have any suggestions? We'd love to hear them!!

*Please feel free to show this flyer to anyone you think might be interested*



If you are interested in becoming a friend and want to find out more about us then we certainly want to find out more about you., please contact the office by email [office@cerebralpalsyplus.org.uk](mailto:office@cerebralpalsyplus.org.uk) or return the form overleaf by post to:

Cerebral Palsy Plus, The Vassall Centre, Gill Avenue, Fishponds, Bristol, BS16 2QQ. Alternatively call us on 0117 9655028.

It would be good if you let us know how you'd like to support our charity and your availability ie an one off event, weekdays, weekends, mornings, afternoons or evenings or irregular times.





### CP+ FRIENDS CONTACT DETAILS

Name:	
Address:	
Email Address:	
Tel No:	
<p>Please tick how you can help</p> <p><i>Manning stalls / representing charity at events</i> <input type="checkbox"/></p> <p><i>Helping in the office or at activities/trips</i> <input type="checkbox"/></p> <p><i>Doing a sponsored event ie run, swim, walk, hair shave etc</i> <input type="checkbox"/></p> <p><i>Making things for us to sell</i> <input type="checkbox"/></p> <p><i>Or list your suggestions here:</i></p>	
<p>Please tick/state how often you can help</p> <p>weekday (please state which day) _____ weekend (please state which day) _____</p> <p>mornings (please state which day) _____ afternoons (please state which day) _____</p> <p>evenings (please state which day) _____</p> <p>irregular times <input type="checkbox"/>                                  an one off event <input type="checkbox"/></p>	
<p>Please state whether you would want to be involved in organising the friends group once it's more established</p> <p>YES/NO/MAYBE</p>	
T SHIRT SIZE	Extra Small <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> Extra Large <input type="checkbox"/>